



## FREQUENTLY ASKED QUESTIONS

### *When is the Learning Lab open?*

The Lab is typically open between 8:30 AM and 4:30 PM, Monday through Friday. If planning a visit, be sure to call first to confirm.

### *Do I need an appointment?*

We are currently scheduling visits by appointment only. Please call or email Kate Ingalls-Maloney to schedule a visit for yourself, your family, or your organization.

### *Do I need to bring anything with me to the Learning Lab?*

Yes! Bring your curiosity and questions.

### *Can I acquire health and safety devices at the Learning Lab?*

No, the Learning Lab does not sell any technologies. However, staff can help you learn where to acquire them.

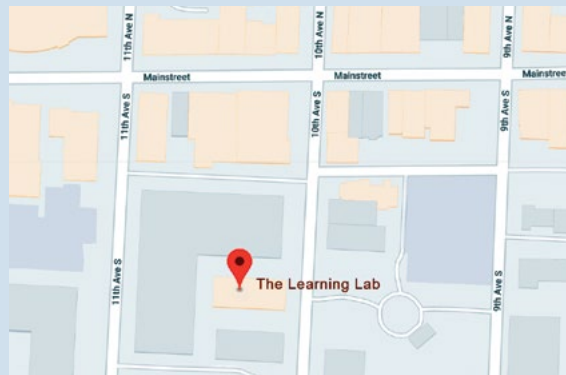
### *Can I take computer classes at the Learning Lab?*

No, the Learning Lab does not offer training on computer applications at this time.

## WHERE TO FIND US

The Learning Lab is located in a storefront building (CEPCO Management) next door to the Open Circle Adult Day Program building, in downtown Hopkins, MN. It is directly across the street from the entrance to Downtown Park and adjacent to the 10th Avenue Public Parking ramp.

**The Cassia Learning Lab**  
32 Tenth Avenue South, Suite 102  
Hopkins, MN 55343



The Learning Lab is accessible by car or public transportation from all directions. Several Metro Transit buses stop nearby—12, 17, 612, 615, 664, 670. Visit [www.metrotransit.com](http://www.metrotransit.com) for schedules and stops.

There is ample parking on the street or next door in the parking ramp. The Lab is located on the street level.

To learn more, contact:

**Kate Ingalls-Maloney, Director**  
Cassia Technology Integration and the  
Learning Lab

Office: (952) 456-8796

Email: [Kate.Ingalls-Maloney@cassialife.org](mailto:Kate.Ingalls-Maloney@cassialife.org)

[www.thelearninglab.org](http://www.thelearninglab.org)

Statistic Sources: AARP study, 2016; Pew Research Center, 2014

# Visit. Learn. Try. Decide.™



## THE LEARNING LAB



## WHAT WE DO

The mission of the Cassia Learning Lab is to connect older adults, their families, care partners, service providers and community partners with technologies that help people age actively, independently and safely in their chosen homes and communities.

***Are you, or someone you know, curious about technologies that could make your daily life easier?***

The Cassia Learning Lab can provide some answers. In our cozy storefront environment, we demonstrate an assortment of technologies that support aging-in-place.

### VISIT

Individuals and families come to the Learning Lab to connect with staff, ask questions, and share stories and concerns.

### LEARN

Visitors are introduced to our full technology collection or to the devices that support their individual challenges with vision, hearing, mobility, memory, socialization and other functions.

### TRY

Demonstrations and take-away information sheets are available for all who request them. Ours is a low-stress learning environment.

### DECIDE

Once you decide that a particular device is for you, staff can help you learn where and how to acquire it or refer you for other consults as needed. We don't sell any devices or services in the Lab.

*"It is great knowing one can live safer and have closer hands-on communications with medical personnel and family members."*

—Lora E., Older adult Lab visitor



### ***What do retirees need?***

Research tells us that the majority of older adults plan to live at home as they age. They also express concerns about falls, medication errors, and memory-related challenges.

Are you open to considering technologies that could help address these concerns? Many are now available in stores and online. The Learning Lab can help you navigate the sometimes overwhelming array of devices and subscriptions.

If a time comes for you or your family member to receive more support, Cassia has a full menu of residential, transitional, community and in-home care options for you to consider. We also now have experts who can help integrate new technologies within our different care settings.

*"I'm very excited and willing to try anything to help our older clients age safely at home."*

—Patty R., Professional caregiver Lab visitor

### ***What do care partners need?***

Worldwide the number of family and professional caregivers is shrinking. There is also a rapidly increasing number of adults over 65. The good news—we are living longer and healthier lives, particularly in Minnesota. Yet we know that, in the coming decades, a percentage of us are still likely to require care.

Surveys tell us that 71% of care givers are interested in support technologies, but only 7% are currently using them.

Cassia can help close this care gap by:

- Raising awareness among families and service providers of aging-in-place technologies.
- Reducing barriers to technology acquisition, training, and ongoing support.
- Offering technology options in all of their programs and care options.